

FACT SHEET: POST-OP CARE FOR WOUNDS DRESSED WITH HYPERFIX (WHITE DRESSING)

YOUR DRESSING

Your wound has been dressed with Fixomull, an adherent, stretchy white dressing that can be left intact for a number of days, while still allowing the wound to 'breathe'. If there is a pressure dressing on top of the hyperfix dressing, this can be removed at 24 – 48 hours, or as instructed by your nurse / doctor.

LEAVE THE DRESSING IN PLACE

SHOWERING

Leave the Hyperfix dressing on when showering. If fluid / blood should seep through the dressing, wash it off in the shower and leave the dressing in place. Pat dry gently.

CHANGING THE DRESSING

Change the dressing every 7 days or as instructed by your nurse / doctor.

SKIN IRRITATION

If you develop any irritation around the edge of the dressing, such as redness, itch, blisters or pain, please contact us.

MEDICATION

If on antibiotics, take as directed by your doctor. Use Panadol or Panadeine for pain relief rather than Aspirin or Disprin based medication. These thin your blood and make the wound bleed more than is necessary.

QUERIES

If you have any concerns, please ring Pymble Dermatology on Monday through to Friday between the hours of 8am and 5pm on (02) 8068 5006. If it is the weekend, or you cannot return to the clinic and you think there is a problem with your wound, such as an infection, please do the following:

- Go to the GP.
- If started on antibiotics, ask to have a wound swab with a copy of the results sent to Pymble Dermatology.
- Please ring and inform us of your visit to the GP so we can document this in your file.
- Signs of Infection are redness, tenderness, hot to touch and pus.